



## EDITORIAL



### How will it be with.....?

You are at the beginning of the HOPE Newsletter for September 2023. It reviews the HOPE Congress in Milan. Personally I think it was a great HOPE Congress. I learned many new things and I talked to people from many different countries.

Meanwhile, most of you have started the new school year again. A period of getting used to full email boxes, planning, new students and seeing students again that you had already seen before the vacation. For people who work with students with medical or mental health needs it is also an exciting time to start. I'm sure you have the same question after such a long vacation .....: 'How will it be with....?'

If there has been any loss this vacation it is difficult and sad. Strength to those who have experienced this.

Hopefully there has also been joy this vacation. Students getting better and planning for the future. This also gives us much new courage to be ready for all students again this school year.

However as you start the new school year I wish you all joy and beautiful moments in your work.

Kind regards,

Marit Helmholt from the Netherlands.

(Editor of the Newsletter of HOPE)

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## 2/ Letter from the President

### Speech at the opening of the HOPE Congress 2023 in Milan.

Buena sera a tutti! How great to meet you all in Milan, after all these years. For centuries all roads lead to Rome, but this week we all make a stop at the milestone of the HOPE Congress in Milan. You are as welcome as the flowers in May.



On top of every agenda should be the three P's of sustainability: People, Planet and Profit in a good balance. Do try this at home!



We all know Italy from three other words that begin with the letter “P”: Pizza, the POPE and Pinocchio.



But sometimes I think Italy has the letter P everywhere!



The theme of this HOPE Congress is very interesting. **Shaping the Future with Education: cultures, relationships and competencies.**

Joseph Addison once said: “What sculpture is to a block of marble, education is to the human soul.” As hospital teachers we know how true that is.

And speaking about cultures: let’s respect each other’s cultures, please let’s do that. Since more than a year, my thoughts are mostly about war and peace in Ukraine.

For peace sake I want to read you a poem about it, written by the Dutch poet Gezienus Omvlee, my late brother-in-law.



## The first of June, Children's Day in Ukraine

*This girl's name is Maryna -she's five-*

*A bomb denazified her*

*And with her lower leg amputated*

*She is staying in the hospital now*

*A new leg is being sought for her*

*But the prostheses are sold out*

There was never a good war or a bad peace. When there is a will, there is a way. Imagine all the people, sharing all the world and the world will live as one.

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I want to thank the organising team of Italy, for their excellent preparations for our HOPE Congress. You worked so hard for three years with a good team spirit. Brava, bravo, bravissimo ladies and gentlemen! As president of HOPE I hereby declare open the 12th HOPE Congress 2023 in Milan. Thank you for your attention and be peace with you..

**Jan Haverkate**  
**President of HOPE**

## 3/ Minutes of CM and GA meetings at HOPE Congress 2023



On Monday May 8 and Tuesday May 9 2023 there were two Committee Member meetings at the HOPE Congress 2023 and here are the draft minutes of these meetings (you need to be logged in to view them):

[www.hospitalteachers.eu/wp-content/uploads/Minutes-CM-meeting-HOPE-Milan-2023.pdf](http://www.hospitalteachers.eu/wp-content/uploads/Minutes-CM-meeting-HOPE-Milan-2023.pdf)

On Friday May 12, 2023 the General Assembly of HOPE 2023 took place.

Here is the link to the files for the General Assembly 2023:  
(again, you need to be logged in to view them)

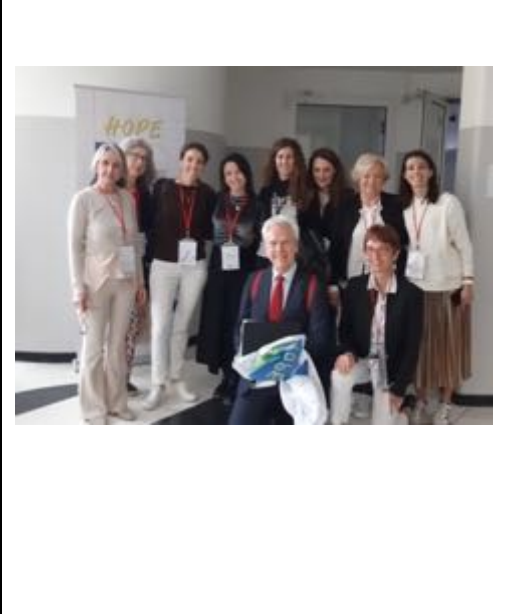
[www.hospitalteachers.eu/reserved/members/general-assembly-2023](http://www.hospitalteachers.eu/reserved/members/general-assembly-2023)

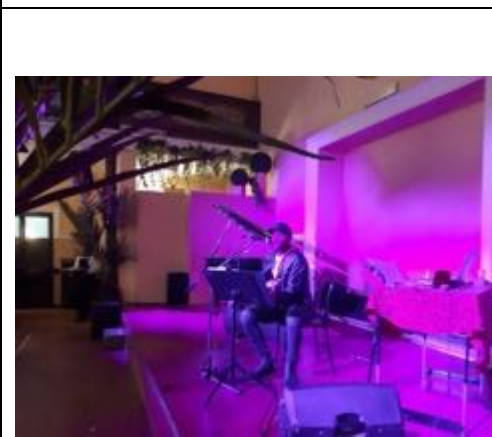
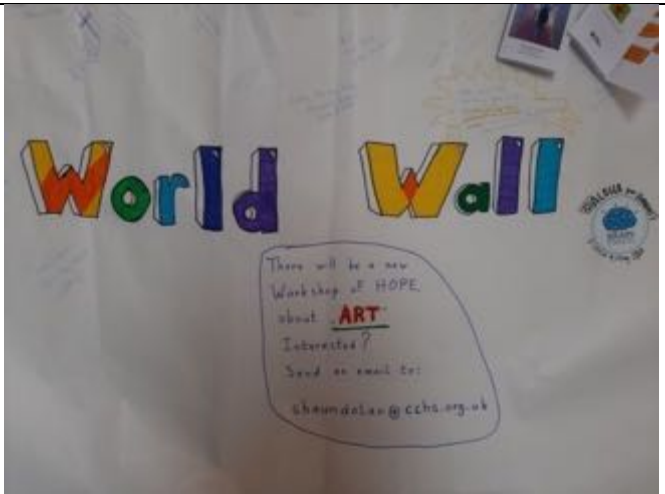
**Martin Dixon**

**(Secretary of HOPE)**

**Email address: [secretary@hospitalteachers.eu](mailto:secretary@hospitalteachers.eu)**

### 4/ Photos of HOPE Congress in Milan in May 2023







If you have some photos from the HOPE Congress in Milan in May 2023 that you would like to see published on the website of the HOPE Congress send them directly to Fabrizio Mencarini, the webmaster of HOPE (his email address is: [webhelp@hope22.eu](mailto:webhelp@hope22.eu)) with the statement that photos depicting people have an explicit permission to publish the people portrayed.

Please use this link to see the photos: [www.hope22.eu/photogallery](http://www.hope22.eu/photogallery)

**Marit Helmholt, Editor of the Newsletter of HOPE**  
Email address: [newsletter@hospitalteachers.eu](mailto:newsletter@hospitalteachers.eu)

## 5/ Coffee in Italy

Italians make the best coffee, they say! This is a poem for them.

### Coffee in heaven by John Agard

*You'll be greeted by a nice cup of coffee  
when you get to heaven,  
and strains of angelic harmony.  
But wouldn't you be devastated,  
if they only serve decaffeinated  
while from the perculator in hell  
your soul was assaulted  
by Satan's fresh espresso smell?*



**Beata Lukomska**  
Email address: [ambassador@hospitalteachers.eu](mailto:ambassador@hospitalteachers.eu)

## 6/ Two selected abstracts from Continuity in Education



### Research:

## Art Therapy for Children in Short-Term Hospitalization

Author: Meirav Hen (Israel)

### Abstract

Pediatric hospitalization is known to be associated with adverse developmental and psychosocial outcomes for young patients. Art therapy is a direct means of addressing the emotional world of the hospitalized child. However, the hospital setting sometimes requires adaptations of this practice to a short-term mode. To explore the characteristics of the adjusted short-term art therapy mode, 10 experienced art therapists who work with hospitalized children were interviewed. Results highlighted the unique aspects of working with children who enter short-term hospitalization, addressing the unknown but most likely brief duration of art therapy and the issues involved, such as the need to use problem-focused strategies, the diffused therapeutic space, interaction with a multidisciplinary staff, and parent's presence during the therapy session. Integrating the principles of art therapy with the principles of short-term therapy, this paper explores a model for carrying out short-term art therapy with children undergoing short hospitalization.

**Keywords:** Hospitalized children, art therapy, short-term therapy

Year: 2023 Volume: 4 Issue: 1 Page/Article: 83–95. DOI: 10.5334/cie.63

## Theoretical / Methodological:

# Emerging Frameworks in Health and Education: Conceptual Evolution in Pursuit of School-Based Health

**Authors:** Daniel Skinner (USA), Hannah Palmer (USA), Sara Bode (USA) and Mary Kay Irwin (USA)

### Abstract

This paper presents a historical account of the development of key concepts at the intersection of American education and health. Beginning with early advancements from the Association for Supervision and Curriculum Development and the World Health Organization, the authors show the movement from early considerations of the codependency of health and education, as well as educational revisions of more-familiar “social determinants of health” frameworks, culminated more than fifty years later, with the 2014 introduction of “Whole School, Whole Community, Whole Child” (WSCC). At the same time, the authors show that the trajectory of this movement, consisting of efforts to work through differences in how institutions and experts approach health and education, was far from linear, consisting instead of fits and starts. In addition to explaining why WSCC is in many ways a critical revision of social determinants models that serves today as a promising foundation of American school-based health, the authors examine opportunities and challenges that the pivot towards WSCC presents, especially concerning assessment, funding, and collaboration.

**Keywords:** school-based health, Alma-Ata, Whole School, Whole Community, Whole Child

Year: 2023 Volume: 4 Issue: 1 Page/Article: 41–49. DOI: 10.5334/cie.62

Interested? Check out more: [www.continuityineducation.org/articles/](http://www.continuityineducation.org/articles/)

Remember that the Academic Journal Continuity in Education is sponsored by the major hospital teachers’ associations worldwide and all the journal articles are completely free.

**Michele Capurso (Chief editor of the Academic Journal “Continuity in Education”)**

**Email address:** [ciejournal@unipg.it](mailto:ciejournal@unipg.it)

## 7/ Call for articles CiE



Dear Colleagues and Educators,

As a speaker at the last HOPE congress in Milan, I am happy to invite you to submit a paper on Continuity in Education to illustrate and spread your work to a wider international community.

Continuity in Education is the official HOPE's Society Journal and its aims are to expand theory, research, knowledge, and practice of effective education and developmental support for children and young people with chronic or life-threatening illnesses, including both physical and mental health issues. We seek to contribute through education to achieving the highest level of mental health, well-being, and overall functioning for all those affected by life adversities. The journal is indexed on more than 12 international databases.

I invite you to participate in the efforts of the international associations supporting the journal (HEAL, HELP, HOPE, REDLACEH, and NAHE), and submit a paper to be considered for publication. Your valuable contributions can inform positive current practice, or identify fresh research areas. Help us to lead the way toward truly effective education and development support for children and young people with chronic or life-threatening illnesses.



For more information on submission to the journal, take a tour of our website at [www.continuityineducation.org](http://www.continuityineducation.org). If you already have an idea for your article but need some help

getting things started, feel free to talk with the Chief Editor, Michele Capurso, by answering to this email. We are here to help.

The journal is fully sponsored by the hospital teachers' associations mentioned above, and therefore there is no application fee for the publication of an article.

Looking forward to receiving your proposal.

Sincerely, on behalf of The Editorial Team of Continuity in Education,

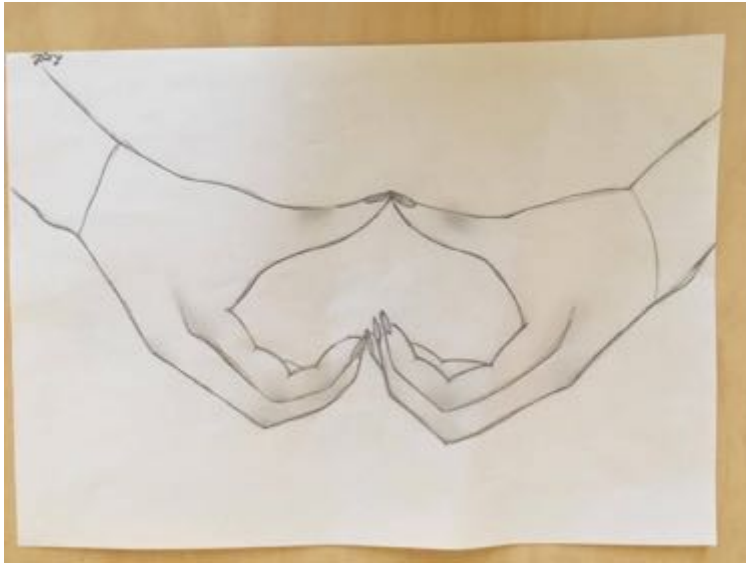
**Michele Capurso (Chief editor of the Academic Journal "Continuity in Education")**

Email address: [ciejournal@unipg.it](mailto:ciejournal@unipg.it)

## 8/ Art of students with medical or mental health needs



Roos (age 8 years), Academic Hospital in Utrecht (The Netherlands)



Liis (age 14 years), University Hospital Psychiatry Clinic Children`s Department in Tartu (Estonia).

## 9/ HOPE around the world



Hope is a 2019 Norwegian semi-autobiographical drama film directed by Maria Sødahl.

A married couple must confront their long-neglected relationship when the wife is diagnosed with brain cancer.

*Warning: Keep a box of tissues within reach!*

**Marit Helmholt**

**Editor of the Newsletter of HOPE**

**Email address: [newsletter@hospitalteachers.eu](mailto:newsletter@hospitalteachers.eu)**

## 10/ Word of thanks to the organising team of Estonia

In May 2020 we would have had the HOPE Congress in Tallinn (Estonia). Everyone was looking forward to it and everything was prepared, down to the last detail, by the enthusiastic team of hospital teachers from Estonia. Only six weeks before the HOPE Congress 2020 everything was cancelled due to the COVID pandemic, the whole world went into lockdown. The rest is history.... my goodness what a shock.



What a disappointment it was, three years ago.



In November 2019, the HOPE Board visited Tallinn. The preparations were fantastic. Everyone was in a good mood. You had a beautiful theme "The heart of teaching".



The main theme of the congress is “The HEART of teaching”, where:

- H** stands for hospital,
- E** for engagement,
- A** for alternative education,
- R** for research and
- T** for technology.

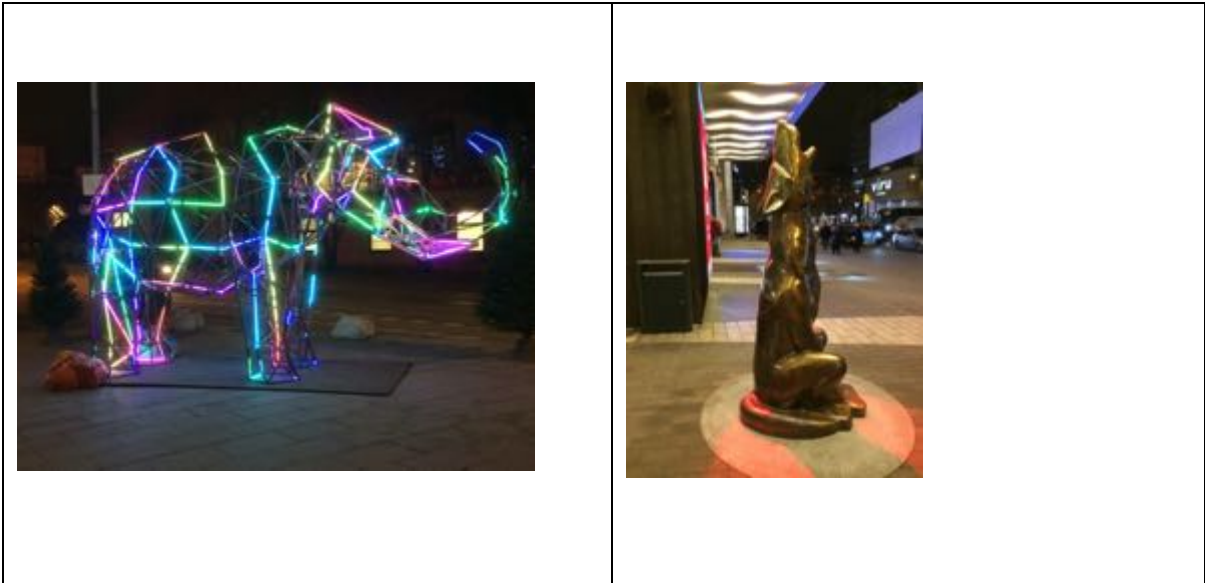


Suddenly there was this pandemic, called COVID. All borders were closed, in a global lockdown. Unfortunately the whole party in Tallinn was cancelled. We could cry. It was awful. But if you want to have a nice holiday, I can highly recommend Tallinn. What a beautiful city, with many old traditions.





But also modern art in the streets.



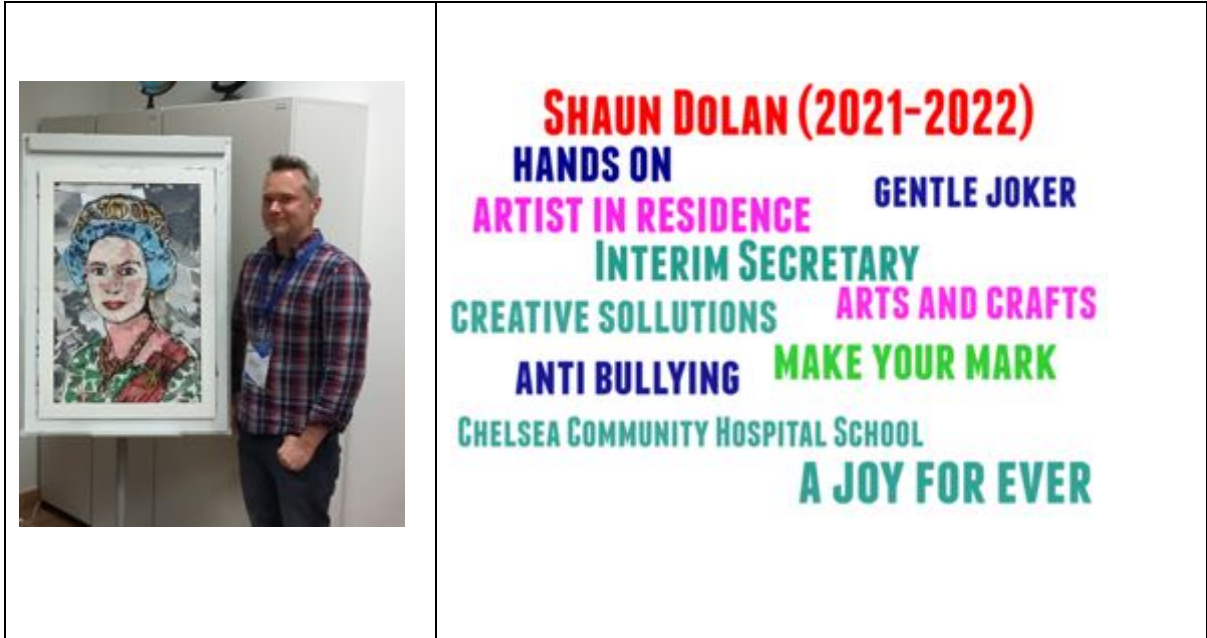
And they even have phones that you can't lose.



Dear friends from Tallinn you deserve a big applause for all your excellent work.

**Jan Haverkate**  
**President of HOPE**

# 11/ Word of thanks to Shaun Dolan



Shaun Dolan served as interim Secretary of HOPE from 2020 till 2022.

I have always enjoyed your contribution to the HOPE Board. Positive, constructive and helpful. Bullying has always bothered you.

You are an artist in residence at the Chelsea Community Hospital School in London, that excellent school that has so often brought HOPE great Board members. You and I know the importance of art.



You developed the game "Making your mark" a creative game to let everyone experience the pleasure of drawing. This game will probably become a world famous game, you mark my words. You even went to Armenia to teach them how to play your game.



A thing of beauty is a joy for ever, and Shaun so are you.



Thanks you very much Shaun for your interim work for HOPE.

**Jan Haverkate**  
**President of HOPE**

## 12/ Word of thanks to Kim Davies

	<p><b>KIM DAVIES (2016-2021)</b>  <b>BRIDGE BUILDER</b>      CHELSEA COMMUNITY HOSPITAL SCHOOL  <b>PENSIONADO</b>  <b>SECRETARY</b> +  <b>HELPFUL</b>    <b>KEEP CALM</b>      FINAL LANGUAGE CHECKS  <b>FRIENDLY</b>    <b>MINUTES</b></p>
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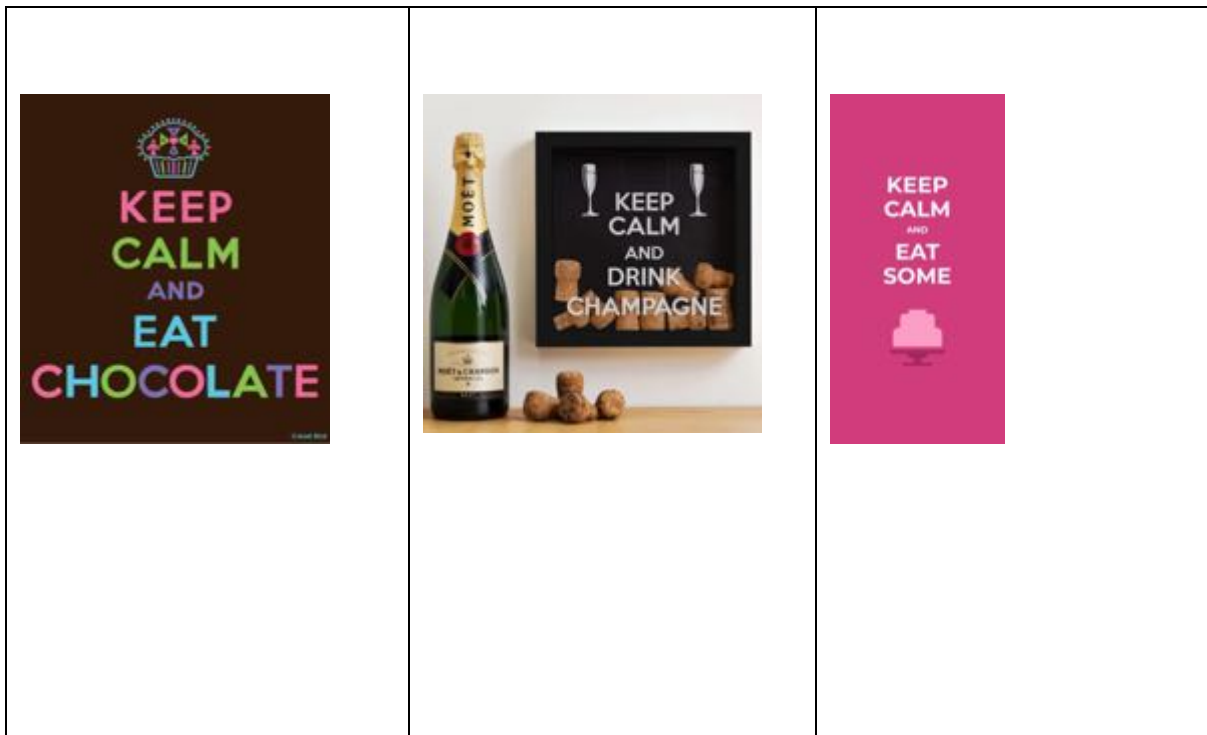
Kim Davies was Secretary of HOPE from 2016 to 2020.

Her minutes were always clear and very easy to read.

There was a motto that suited Kim very much that was "Keep calm and carry on".

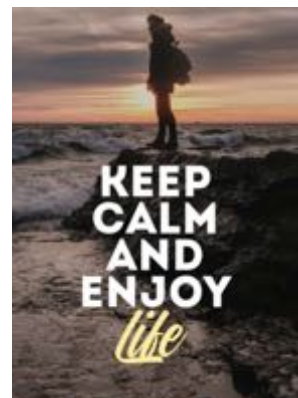


But Kim also had your guilty pleasures,



Kim worked at the Chelsea Community Hospital School in London, like many other previous Board Members.

Kim we all hope you enjoy your current life as a pensionado, but the most important thing for you is and remains:



Keep calm and stay healthy.

Thank you Kim for the great collaboration in the Board of HOPE.

**Jan Haverkate**  
**President of HOPE**

## 13/ Word of thanks to Anja de Jong

Anja de Jong was a Board Member of HOPE from 2010 to 2022. The last 8 years Anja was Vice President of HOPE.

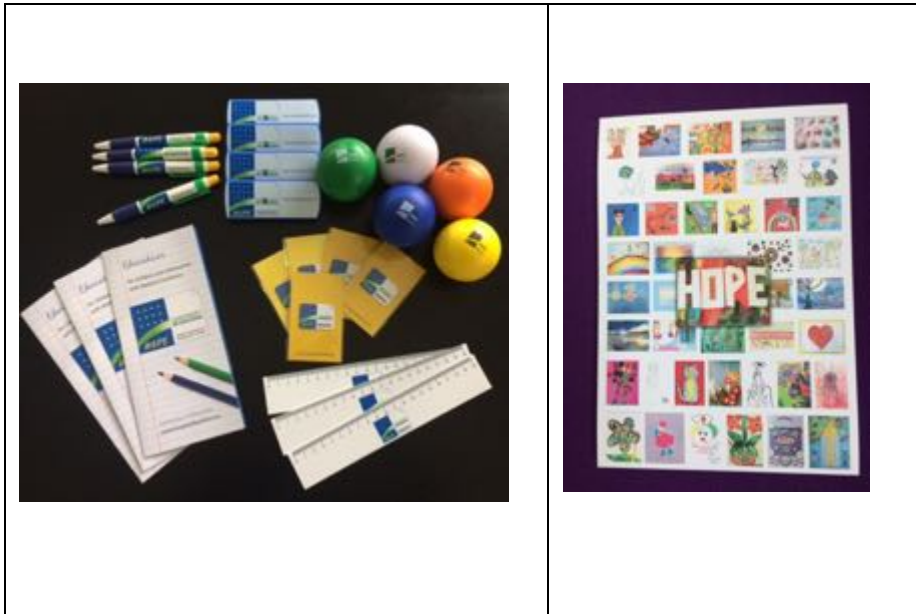


Anja was a member of the organizing team of the HOPE Congress 2012 in Amsterdam, which was a great success.



Anja is a very gifted lady, who likes to buy gifts for HOPE.

Do you recognize that colourful notebook of HOPE? Anja made it.



And that was often celebrated.

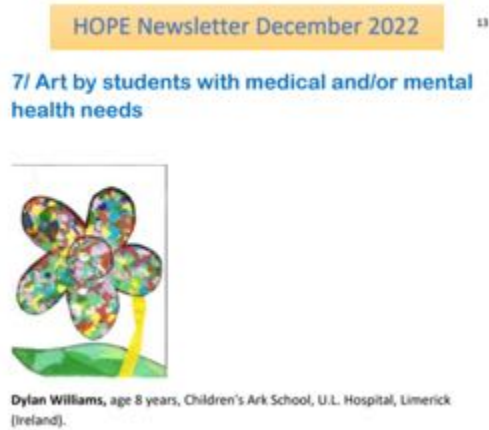


As Vice President I had a lot of support from Anja.



We often spoke in Dutch about HOPE, mostly double Dutch.

A regular section in the Newsletter of HOPE is the art by students with a medical or mental health needs. Anja has been the person who has been arranging this carefully for many years.



Together with our partners, Anja and I have travelled a lot for HOPE. Anja and I had our Board meetings and our partners enjoyed themselves in the museums and cafes. And in the evening our partners told Anja and me how nice it was in that city.

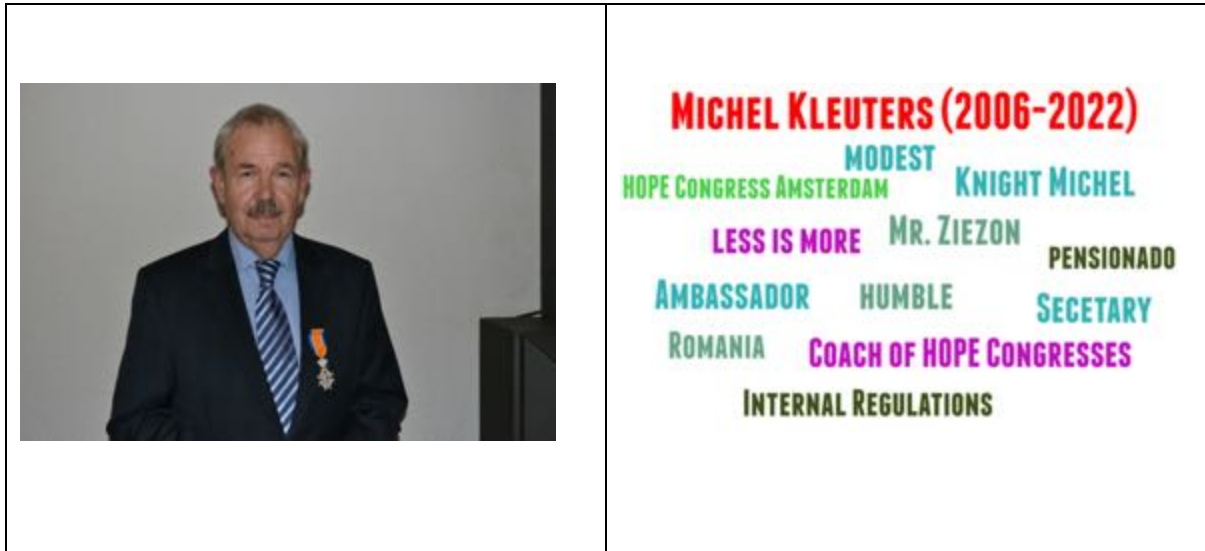


Anja thanks for the pleasant cooperation all those beautiful years.

**Jan Haverkate**  
President of HOPE



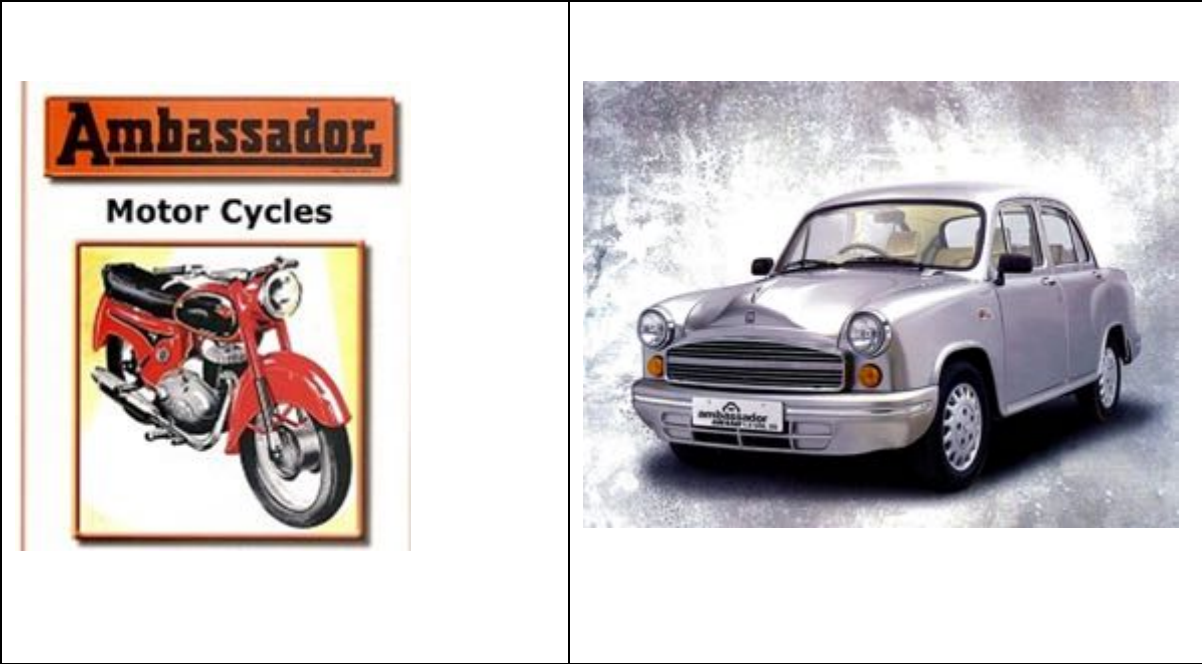
## 14/ Word of thanks to Michel Kleuters



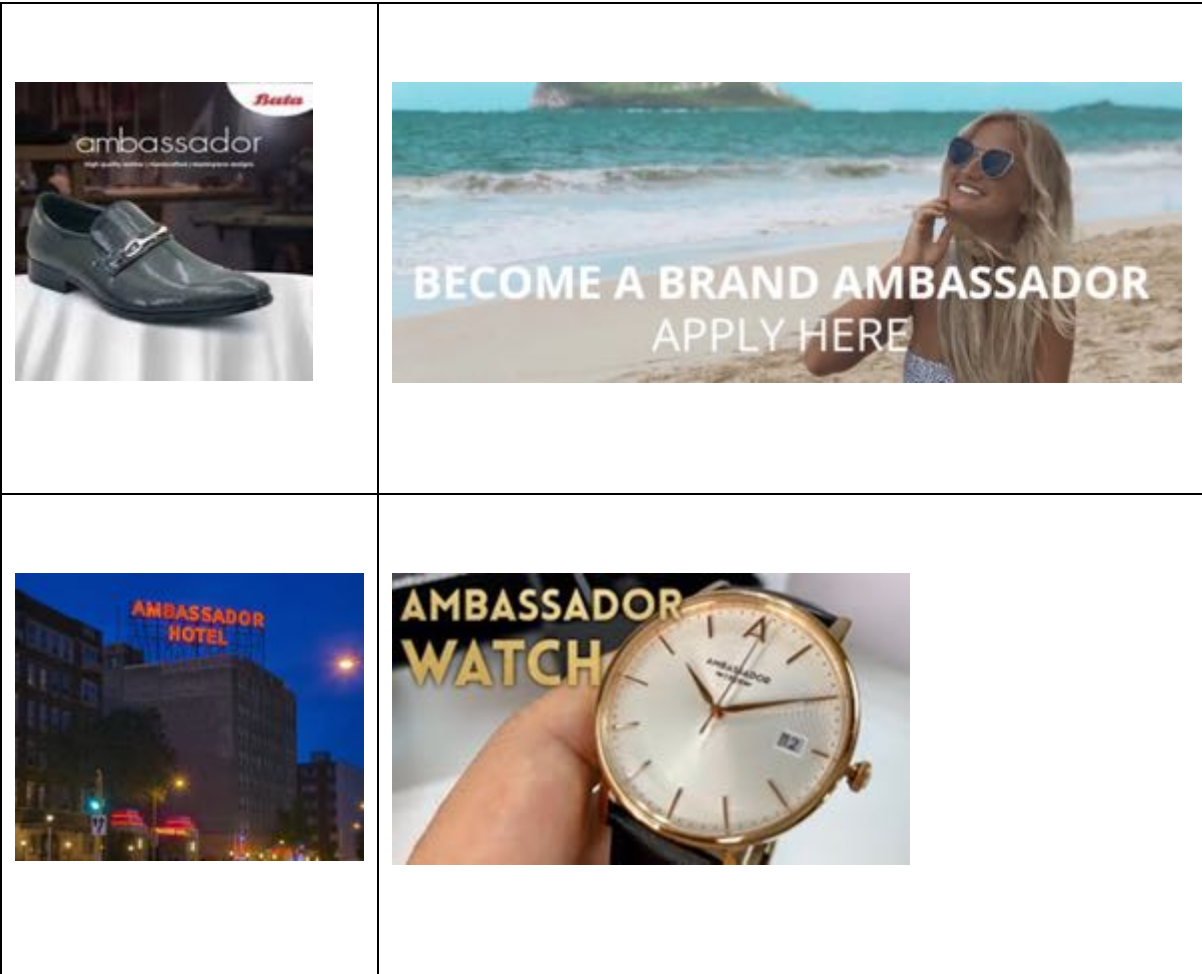
Michel Kleuters was a Board Member of HOPE from 2006 to 2012. And Michel was Ambassador of HOPE from 2012 to 2022, the first Ambassador of HOPE ever. And Michel was the leader of the organising team of the HOPE Congress 2012 in Amsterdam. Michel supported various teams in organizing a HOPE Congress. Michel and I rewrote the Internal Regulations together, tough work, but very useful. Michel has always supported Romania in their struggle to get good laws for hospital education. That will hopefully happen this year, a giant leap for Romania.

You travelled extensively through Europe for HOPE. On the road, in style.





Look at all these posh brands I found with the name Ambassador.



But Michel did not like luxury at all. He is such a modest and humble man. "Less is more" is his motto. Michel makes his own wine and he grows his own vegetables.



Thank you Michel for everything you have done for HOPE all these years.

**Jan Haverkate**  
**President of HOPE**

## 15/ Save the date HOPE Congress 2025 in Dublin



### Save the date HOPE Dublin 2025



HOPE Congress 2025  
Dublin, Ireland  
May 12 - 16, 2025

The hospital teachers of Ireland are thrilled to announce that we have the honour of hosting the next HOPE congress. We look forward to welcoming you all to Dublin in May 2025.

[www.HopeIreland2025.eu](http://www.HopeIreland2025.eu)

Fergal McNamara  
(HOPE Treasurer)

[treasurer@hospitalteachers.eu](mailto:treasurer@hospitalteachers.eu)

## 16/ New format for HOPE Newsletter

We are changing the format of the HOPE Newsletter. In future the content will be posted publicly on a section of the HOPE website. The newsletter itself will be an email with links to the articles on the website. To receive the newsletter you will need to register for it and we will send the link out and also post it in the next newsletter.

The upcoming, end of year newsletter will be available in both formats and then next year we will switch to the new system.

**Martin Dixon**

**(Secretary of HOPE)**

**Email address:** [secretary@hospitalteachers.eu](mailto:secretary@hospitalteachers.eu)

## 17/ Word of thanks

You are most welcome to share your experiences of hospital schools.

Your ideas may become an inspiration for our colleagues working within the hospital schools in other countries. So, please, feel free to send in articles for the next Newsletter.

I would like to express my gratitude to Jan Haverkate for constant help and Martin Dixon for the technical support and for the native language corrections.

**Marit Helmholt**

**Email address:** [newsletter@hospitalteachers.eu](mailto:newsletter@hospitalteachers.eu)

